OCTOBER 2019 CKA

Time Flies

Reminder that at 2am on November 3 we fall back one hour and return to Central Standard Time. As



always, this is a good time to check and replace batteries in your smoke and carbon monoxide detectors. Keep in mind even with a new battery older units will be less effective over time. You can check with the manufacturer on how long they last with normal usage. Sometimes this is on the device itself.

COMMUNITY CRIER CALENDAR

October 2019

Park District Meeting Drainage Committee Drainage District #1 Meeting 6:30 @ Town Hall

Village Board Meeting

TWP Board Meeting

22 Village Board Meeting

7:00 @ Community Park

5:30 @ Town Hall

7:00 @ Community Park

7:00 @ Town Hall

7:00 @ Community Park

Yovember 2019

5 Park District Meeting Drainage Committee Drainage District #1 Meeting 6:30 @ Town Hall

12 Village Board Meeting

13 TWP Board Meeting 26 Village Board Meeting 5:30 @ Town Hall

7:00 @ Community Park

7:00 @ Community Park

7:00 @ Town Hall

7:00 @ Community Park

lecember 2019

3 Park District Meeting Drainage Committee Drainage District #1 Meeting 6:30 @ Town Hall

10 Village Board Meeting 11 TWP Board Meeting

7:00 @ Community Park

5:30 @ Town Hall

7:00 @ Community Park

7:00 @ Town Hall

there is only one Village Board Meeting in December 2019



While the Fall 2020 election seems like a long way off, the Illinois primary will be here before you know it, on March 17th. Yep, that's right, St Patrick's Day. Kanevotes.org is the best place to get info on the deadlines for registration, early voting, Mail-in Ballots and all things election related, including candidate filing deadlines and requirements.

While there is still grace period voting on election day, you can avoid the extra time and requirements by checking to see if you are registered. There is a tab on the main Kanevotes.org screen for registration and on the next screen there is a tab "Am I registered?" where you can check your last name and street address. All matching results will show up and give you status, and clicking on your name will show you all the offices you get to vote for at various times, where the polling place is and where to find early voting. The polling place for all residents of Big Rock Township is at the Park District building at 6th and Madison, where it has been for many years. There will be early voting again in Sugar Grove and other places throughout the county. The schedule will be posted to the website once it is confirmed.

A reminder that the March election is a PRIMARY and you will have to declare a party and then can ONLY vote for candidates of that party and any non-partisan matters. If you do not want to declare a party, and you can certainly do so, you will only be able to vote on non-partisan matters, if any. You are not restricted to choose the same party each primary but you can only choose and vote for ONE party on any given primary election.



BIG ROCK TOWNSHIP

From the Supervisor's Desk

Over the past month, you may have noticed a number of exterior improvements and changes to the Township Hall. Two large pine trees that were too close to the building were removed to reduce further damage to the walls, gutters and downspouts. The blocked

further damage to the walls, gutters and downspouts. The blocked gutters and downspouts were cleaned out and the missing snow barriers on the roof were replaced.

The exterior has been power washed, scraped and primed, and the building was repainted in the same colors. The side entrance ramp was stained with a grip additive to improve winter traction. Several bushes and plants that didn't survive last winter's polar vortex were replaced, and the grass and planting beds were reseeded, mulched and repaired as needed. We are adding a small shed for outside tools, hoses, winter salt, and other small equipment. I hope you agree that your township building looks great again!

Don't forget that the Township Hall is available for rental by residents for parties, showers, and other events. The cost is only \$50, and please contact the office for availability and rental questions.

JOIN BIG ROCK TOWNSHIP ON FACEBOOK

facebook

It is the best way for me to get information out to you quickly! be done with our 4th mowing this year. We will still be graveling and patching roads for awhile so please watch out for us. We completed restriping Dugan, Granart, and Rhodes. Anybody looking for clean fill let us know, as we have been digging the edges of some roads out and may be able to help. Thanks, Happy Halloween!

ROAD COMMISSIONERIt's October already and we should

Wade,

Big Rock Township Road District

P) 630-556-4331

F) 630-556-4332

A number of improvements are also underway now that the township has completed the ownership transition of our two cemeteries. Removal of several dead trees, bush trimming, and removal of several trash piles at Fowler Grove Cemetery are complete. New signs for the Welsh Cemetery will be installed later this fall or early spring, weather permitting. Information regarding the township cemeteries, rules and regulations, and the availability and purchase of grave sites is available at the township office and on our website: bigrocktownship.com.

I hope you all enjoy the great fall season!

Ken Rojek, Township Supervisor

TOWNSHIP ASSESSOR The Assessor's Office has been busy this year since the assessment notices were mailed out. Several changes were made this year that impacted most taxpayers. Condition of each property is a part of the assessment process. Condition is a judgment call rather than a fact to be found. I have changed the "condition" of all residential properties to "Average". This will result in not giving a tax break to the poorest home in the neighborhood and also not penalizing the best home. "Grade" is also a part of the assessment process. Grade has to do with the quality of the original construction of the home. A typical home built with typical material, such as 2 x 4 studs, asphalt shingle roof and builder quality interior finish is given a grade of C. Homes with superior interior finishes (read custom), a slate or wood shingle roof and other significant custom features is given a Grade of B or A. Grade will typically remain unchanged during the life of a home.

In response to the conversations with homeowners it has come to my attention that split-level homes have been described as 1-story/2-story, 2-story/1-story and split-levels. I will be changing the database so that all split-level homes will be described as split-level and no other way.

Questions about the Township Multiplier have arisen. My job is to assess all real estate at 33.33% of its fair market value. When I turn in the assessment books to the County, they check my level of assessment based on the 3-years of sales immediately prior to the assessment date of January first of each year. This year, Big Rock Township was given a Township Multiplier of 3.73%. The County increase all non-farm assessments by that percentage. This means that my estimate of fair market values were 3.73% less than indicated by sales.

Should you have any questions about your assessment or anything to do with the assessment process just call me at my home office, 630-556-9920.

Ralph Harkison, Big Rock Township Assessor

The Big Rock Community Crier is published six times yearly by The Big Rock Fire Department, Big Rock Township, The Big Rock Park District and the Village of Big Rock as a service to the public. Annual subscription for outside of the township is \$10.

To advertise or submit articles for consideration please contact Tom Losiniecki at bigrockcrier@gmail.com The Town Hall is located at

408 Rhodes Street, Big Rock, IL *Mailing address is*

P.O. Box 252 Big Rock, IL 60511

Business Hours:

Please call for an appointment

Township Board Meeting Dates: Monthly: on the second Wednesday at 7:00 Phone Numbers

Township and Assessor Offices

Phone: 630-556-4340 *Fax*: 630-556-4350

Road District 630-556-4331

bigrocktownship@gmail.com

bigrocktownship.com

bigrocktownshipassessor.com

Supervisor
Ken Rojek
Township Clerk
Cara Rausch
Assessor
Ralph Harkison
Highway Commissioner
Wade Thompson
Trustees
Amy Schoger, Paul Wedeen
Bonnie Warchol, and

Steve Michael

2

Dean Hummell President | Pat Anderson Treasurer | Tim May Village Clerk
Trustees: Matt Ftizpatrick, Clay Hanninen, Mark Lynch, Ted McCannon, Kathy Metzger and Kelly May.
P.O. Box 128 | Big Rock, Illinois 60511 | (630) 556-4365 | www.villageofbigrock.us

Village Meetings are held the 2nd & 4th Tuesdays of the month at 7:00 pm

MUNICIPAL ELECTRICAL AGGREGATION

The village has elected to enroll its residents in electricity savings programs for several years now. As the contracts have expired the village has worked closely with Progressive Energy whom seeks out the best electricity rates for several of our local municipalities. The current provider of energy offered to village residents is Constellation Energy through 10/19/2019. Recently you may have received important information on the upcoming electric provider chosen by the village which is AEP Energy. This contract will be good through October 2020 for our residents. The village hopes that residents will continue to utilize and enjoy the cost savings through municipal contracts like these. It's a no-strings attached savings program that truly is designed to help our residents save a little \$\$\$\$\$.

PROPERTY MAINTENANCE/ZONING ENFORCEMENT OFFICER

Property maintenance standards have been & will continue to be a priority of the village. The villages zoning enforcement/property maintenance officer is onsite weekly to help as needed. He will make sure to properly identify himself at all times when visiting any property(s), but know he will be making drives throughout the community on a regular basis. He will be doing what has been instructed of him by the village board. These topics are always openly discussed in our meetings if you should have interest. It's been heard loud & clear by many, many residents what they want to see, "things to be cleaned up!!". Enforcement officers will be utilizing and referring to the Village Of Big Rock "Property Maintenance Code" and doing compliance checks accordingly. Please let us know if you have any questions/concerns.

VILLAGE POLICING

The Village has heard and witnessed firsthand for many years traffic that comes through our small town driving at speeds well above our posted speed limits. As a result the village entered into an agreement with Kane County to police our community paying special attention to speeding. A Kane County officer will randomly be patrolling within Big Rock during high traffic times paying special attention to violators on Rte 30, Rhodes Rd, and Granart Rd. The village hopes that with more police presence/enforcement that this will slow people down and make our community roads safer to be on.

YARD CLEANUP/BURNING

With fall upon us and property cleanup underway please keep in mind the villages burning ordinance: Section 307.1.1. "Open burning of yard waste generated on the property shall be permitted. Yard waste shall include leaves, fallen trees, branches, grass, weeds and vines. No yard waste not generated from the property may not be openly burned. No other materials may be openly burned on the property. Open burning is only permitted on one's property. Open burning is permitted only between the hours of 8:00 a.m. to 5:00 p.m. Open burning is not permitted when the wind exceeds 10 m.p.h. All persons engaged in open burning on their property shall have immediate access to a water source or other source to extinguish the open fire". In addition burning leaves directly on the road way edge is strictly prohibited!!! Thank You in advance for doing your part in keeping our Big Rock community looking its BEST possible.

DOOR TO DOOR SOLICITATION

The Village has no ordinance against solicitors. With this being said we have received a few complaints of individual solicitors that are going door to door possibly representing themselves as village employees or having received a village endorsement for their specific sale(s). In ALL cases this is un-true! The Village of Big Rock does not partake in any door to door sales with/for our residents. The village can only suggest that if you are receiving unwanted solicitations on your property to place a sign on your door that clearly states: "no solicitors". If you have any questions about this please contact the village office directly.

GRANART ROAD

A heavily traveled roadway and a much needed improvement was recently completed on Granart Rd. The resurfacing project will allow vehicles to travel more safely down this stretch of road that was once considered very "rough". Motorists need be mindful of the speed limit however.

YOUR OPINION MATTERS

Please visit us during office hours or stop by for an upcoming meeting. They are very informative and productive evening meetings starting at 7 p.m. on the second and fourth Tuesday of every month. Agendas are always posted in advance at the Park District & Post Office if you're curious as to what's going to be covered. And remember at every meeting we have a "public" session where you or anyone can address any topic. All constructive feedback will be taken into board considerations.

Dedicated to Serving You,

Your Village of Big Rock Board



Gene Nehring President William Yoder Vice President Steve Holub Treasurer Bonnie Warchol Clerk Cindy Nehring Program Director

bigrockparks.com Park District Voicemail:

(630) 556-9599 (Recorded program listings and calendar)

The Big Rock Park District meets at 7:00 pm on the first Tuesday of every month at the Park District Building at 7S405 Madison Street in Big Rock. We would enjoy having you at our meetings and hear your suggestions.

SUGGESTIONS

Do you have an idea for a program you would like to see offered by the Big Rock Park District? Do you have a special interest or talent you would like to share with others? Please contact Cindy Nehring at 630-742-4275.

HALLOWEEN DOG COSTUME PARADE

A Halloween Dog Costume Parade will be held on Saturday, October 26th at 1 pm at the Big Rock Dog Park located at the North end of the Park at 7S405 Madison Street in Big Rock. Use your imagination and come up with a Halloween costume your dog may wear in the parade - owners may also wear a costume. Dogs will be judged and a First, Second and Third Place Prize will be given, with all dogs receiving a treat bag. There will be a "game" for dog and owners to enjoy! Any questions, please contact Cindy Nehring at 630-742-4275.

HOCUS POCUS MOVIE

Hocus Pocus will be shown in the evening of Saturday, October 26th at 7 pm at the Park District Building on Madison Street in Big Rock. Hocus Pocus is rated PG and is 1 hour and 36 minutes long, starring Bette Midler, Sarah Jessica Parker and Kathy Najimy.

After moving to Salem, Mass, teenager Max Dennison explores an abandoned house with his sister Dani and their new friend Allison. After dismissing a story Allison tells as superstitious, Max accidentally frees a coven of evil witches who used to live in the house. Now, with the help of a magical cat, the kids must steal the witches' book of spells to stop them from becoming immortal. Come and bring a friend and enjoy a free movie and popcorn.

VETERANS TO BE HONORED

Veterans, past and present, will be honored on Saturday, November 9th at 2pm at the Big Rock Park District Building at 7S405 Madison Street in Big Rock co-sponsored by the Park District and the Big Rock Historical Society.

Please send a picture of your Veteran, preferably in uniform, that includes the Veterans name, branch of service, rank and the years that they were in service to Cindy Nehring, P.O. Box 119, Big Rock, IL 60511 by October 28th so that it can be included in our display. If you have sent a picture previously, it will be included in this years display. You may also drop your picture off at the Park District, but will need to call Cindy at 630-742-4275 to make arrangements.

A program will include a short video of WW 2 New York Victory Parade, 82nd Airborne provided by Allan Bastian of Hinckley.

Hinckley resident, Jerry Bahl will be presenting a new and different program this year. There will still be a free will offering for VetsRoll who send men and women to see the sights of Washington, D.C. at no cost to the Veteran that has signed up.

Light refreshments will be served after the program.

TOY STORY 4

Toy Story 4 will be presented on Saturday, November 9th at 7 pm at the Big Rock Park District Building. Toy Story 4 is rated G and runs 1 hour and 40 minutes, starring Tom Hanks as Sheriff Woody, Tim Allen as Buzz Lightyear. Woody, Buzz Lightyear and the rest of the gang embark on a road trip with Bonnie and a new toy named Forky. The adventurous journey turns into an unexpected reunion as Woody's slight detour leads him to his long-lost friend Bo Peep. As Woody and Bo discuss the old days, they soon start to realize that they're worlds apart when it comes to what they want from life as a toy. Come and bring a friend and enjoy some popcorn and a free movie!

DECORATE WITH CHRISTMAS LIGHTS CONTEST

Win \$50 first prize, \$30 second prize or \$20 third prize by decorating the outside of your house and/or yard with Christmas lights! Open to all residential homes in Big Rock. A minimum of 10 participants will be needed to have the contest. Judging will take place on the evening of Saturday, December 14th by 3 non-area residents. Winners will be contacted by December 15th. Send your name, address and telephone number to the Big Rock Park District, P.O. Box 295, Big Rock, IL 6-511, Attn: Christmas Lights. Deadline to enter is December 10th, 2019.

NEVER A BAD DAY TO PLANT A TREE

As you may have already seen, the park has lost several trees due to disease. After removing these trees the Board felt it imperative that they be replaced as soon as possible. A contractor has been hired and the trees purchased. We hope you'll continue to enjoy the beautiful foliage at the park this Fall.

Hinckley Food Pantry's LARGEST Food-Raiser of the Year!

9th



Sunday, November 10th, 11am – 1pm PLOWMAN'S PARK

(48W508 Hinckley Road - Big Rock)

Hosted by HBR Cub Scouts

ITEMS NEEDED

12-14lb Frozen Turkeys

Stuffing Mix
Instant Potatoes
Canned Yams
Canned Veggies
Gravy
Cranberry Sauce
Boxed Desserts

For More Information,
Contact...

Jenn Schlachter 630.926.5704 schlachter4@att.net

Monetary Donations
Appreciated!
Make Checks Payable to:

HINCKLEY AREA FOOD PANTRY



49W102 U.S. Hwy 30, #K Big Rock, IL 60511

- General Excavation Services
- Sewer Rodding
- Sump Pump Installation and Repair
- Drainage Piping and Grading
- Sewer Jetting
- Septic Tank Pumping
- Septic System Installation
- Septic System Maintenance and Repair
- Sump Pump Battery Backup
 System Installation and Repair



First Baptist Church

Trunk or Treat The First Baptist Church of Big Rock will be hosting our 8th annual Trunk or Treat on October 31st from 6-8 pm. We are located at 211 S. Lincoln in Big Rock. All families are welcome to attend. We will have a variety of crafts and games. We will also be handing out candy and small prizes. Come and get your picture taken and enjoy a free supper! If you have any questions, please call Elizabeth at 630-385-2634.





Birthday Party for Jesus All children are invited to attend a birthday party for Jesus on Saturday, November 30th at 2 pm. This will be held at the First Baptist Church of Big Rock. Come celebrate Jesus's birthday with games, crafts, snacks, prizes, cupcakes, music, and fun...plus a great Bible story! If you have any questions, please call Elizabeth at 630-878-1737.





NEWS OF NOTE FROM BIG ROCK LIBRARY 48W447 HINCKLEY RD. BIG ROCK

Healthy Living Series

Virginia Waterstreet, health coach, is presenting a learning series on how to make your life healthier. Mark your calendar for Monday, Nov. 18 on how to say farewell to stress and advance your metabolic power.

New Art Display

The Library has a new display with art and writings of Indian artist, Nakoma. His work is very detailed and precise incorporating many philosophical truths of the Native American. The display is in the upper level of the library and will extend into 2020. Thanks to Kathy and Jessica Hellwig for the planning and installation of the art pieces.

Battle of the Books

The HBR elementary school has a book challenge for 3rd and 4th graders called Battle of the Books. Big Rock Library now has copies of all the books that are in this year's battle.





If you would like to be informed of the events that Big Rock Library is offering, please email <u>info@bigrocklibrary.org</u> and ask to be included in the monthly newsletter.

The Big Rock Historical Society

Sharon Long Rahr will be our guest speaker on Thurs. Oct. 10th at 7 pm. Sharon will discuss the **History of Long's Barn**. We hope to see you on the 10th. If you have any questions please contact us at info@bigrockhistoricalsociety.org – or call 630-698-0626.

We will have our **Fall Pork Chop and Chicken Drive Thru Dinner** at the H-BR Middle School on Thursday, October 17th. Pick up between 4:30 and 6:30 pm. (carry out only). Tickets are only \$12 each, and you can choose 2 Pork Chops, ½ Chicken, or a Combo with 1 Pork Chop and 1 piece of Chicken.

We will celebrate with the Big Rock Park District for our **Veteran's Program** at their facility, 7s405 Madison, on Saturday, November 9th at 2 pm.

We will have our final meeting of the year on November 9th. Harry Eng, CPA, EA, will discuss planning your year end. Harry is a National Tax Practice Fellow. In the tax business, this means he is an Expert in Representation before the IRS. Meeting will be at the Historical Society at 7 pm. Our Annual Board of Director Election results will be announced.

48W445 Hinckley Road P.O. Box 206 Big Rock, IL 60511 bigrockhistoricalsociety.org



HSBR CUSD #429 • UPDATES AND HIGHLIGHTS



Wellness Check for Mental Health

When thinking about the word health, oftentimes physical health is first to come to mind. This is because we, as adults, typically do things to promote our physical health. We exercise, we fix healthy recipes for our families, try to get an appropriate amount of sleep, and excessively wash our hands during cold and flu season. However, the World Health Organization defines health as "a state of complete physical, mental, and social well-being, not merely the absence of disease or infirmity". Yet, we don't always prioritize our

mental health. In fact, we tend to neglect it by not allowing ourselves to slow down, acknowledge and relieve stressors, and regularly practice self-care. When we overlook our mental health needs we invite the potential for illness in the same way we do if we were to ignore good physical health practices.

Children are no different and mental health impacts them as well. Anxiety disorders are among the most common mental illnesses in the United States and one of the things we see students of all ages struggle with in the school setting is anxiety. More than likely, everyone has experienced anxiety at least once in their lifetime. Maybe you were interviewing for a new job, giving a presentation, going on a first date, or flying in an airplane. Anxiety can be defined as feeling afraid, scared, worried or nervous about things that might happen in the future or seem dangerous or unpredictable. Although these feelings are often unpleasant, it is important to keep in mind that they are a very normal part of life. Of course each child's anxiety looks different and while we cannot protect them from every uncomfortable emotion they will face, we can help them learn to manage and regulate those anxious feelings. Here are some tips on how to acknowledge mental health and help your child overcome bouts of anxiety:

Make A Plan:

Kids sometimes focus on a situation convinced that something bad is going to happen. Even if the situation is irrational and we know not possible, they think differently. Instead of trying to convince them it will not happen, help them lay out a plan for what to do if or when it does. For example, if your child comes home nervous and worrying about a tornado after a drill at school, do a tornado drill at your house to show them what the plan is at home if there is a tornado.

Empower Your Child, Not The Fears:

When your child is afraid of something, acknowledge the feelings even if you don't agree with them. Help your child label his emotions. Marc Brackett of Yale's Center for Emotional Intelligence says, "Labeling your emotions is key. If you can name it, you can tame it." Let him know you understand he is scared or nervous and reassure that you will help him get through it. By helping children acknowledge their anxiety, we empower them to become the boss of it.

Choose Your Questions Wisely:

It's important for your child to talk about how they are feeling and identify what is causing them anxiety. Ask open ended questions rather than leading questions. Instead of saying, "Are you worried about the science test tomorrow?" say, "how are you feeling about the science test tomorrow?" This lets them find the words to explain how they are feeling, rather than suggesting they should be worried.

Power Through:

Don't avoid things just because they make a child anxious. Avoiding uncomfortable situations may help in the short term, but can potentially make the anxiety worse long term. It is important for kids to know what triggers their anxiety and to function as best they can despite feeling anxious. The more they practice dealing with and responding to an anxiety inducing situation, the better they will become at coping with it.

Please keep in mind, these suggestions are simply a place to start. You know your child best and if your child is experiencing anxiety that is keeping them from doing everyday things on a regular basis, it may be time to ask for additional help. A great place to start is your school. HBR has school social workers in each building and a guidance counselor at the high school who can help your child work through anxiety they may be feeling or give referrals for other outside professionals. Additionally, your child's pediatrician can be an important resource as he or she will be able to recommend appropriate outside supports as well. Understanding and learning how to manage and regulate feelings of anxiety can make a significant difference in a child's positive school experience.

HSBR CUSD #429 continued from Page 8...

See below for links to local mental health counseling locations, as well as links to more general information on anxiety for parents and caregivers.

Centennial Counseling Center

https://www.centennialcounseling.com/

Ben Gordon Center

https://www.nm.org/locations/behavioral-health-services-ben-gordon-dekalb

Harvard Health Blog - Anxiety in Children

https://www.health.harvard.edu/blog/anxiety-in-children-2018081414532

CARES - UCLA Center for Child Anxiety Resilience Education & Support

http://carescenter.ucla.edu/what-childhood-anxiety

Tara Neidigh and Mallory Wassmann, HBR Social Workers

Big Rock Fire Annual Pancake Breakfast



Oct. 13

7a-Noon
At
Big Rock Fire Dept
47w863 2nd St
Big Rock, IL 60511

Please join us again this year for breakfast, community, and fun!

Questions? Call 630-556-3214





125th Big Rock Plowing Match: A Community Homecoming

The 125th festival kicked off on Friday with music and carnival rides at Kids' Night. Saturday's events were held under a beautiful blue sky. Then nightfall brought inches of rain that resulted in the cancellation of Sunday events. We are grateful to everyone who celebrated our 125th anniversary and look forward to your return in 2020.



Vice-President Terry Sorensen presented the Plowing Match Association logo to Roger Hatfield in appreciation of his 52 years on the Board, 33 years as President. Also recognized were Ray & Bonnie Warchol for coordinating the Horse Show for the last 32 years.

Keep up with news and information about the Plowing Match by checking our website: www. bigrockplowingmatch.com and Facebook page. Read current and past issues of *Plowing Match Times*, history of the event and other information on our website. Recent posts on Facebook include drone videos of both the plowing competition and the bull riding. Merchandise sale of t-shirts, hats, wine glasses and more will be announced soon, so please stay tuned to our website and Facebook.

Thank you to all for giving over \$23,000 to build for the future in the renovation and maintenance of Plowman's Park. Fundraising continues: contributions may be made through PayPal on our website or by mail to Big Rock Plowing Match Association, P.O. Box 261, Big Rock, IL 60511. Your donations are making a difference.

RESULTS FOR CHILDREN'S RACES 2019

Preschool Run to Mom Race	1st 2nd 3rd	Easton Gary Jacob Culver Eli Wright	4,5,6 Balloon Race	1st 2nd 3rd	Shiloh Culver Monica Brandonisio Travis Herrmann
Preschool Bunny Hop Race	1st 2nd 3rd	Calvin Paxton Kate Jungels Easton Gary	4,5,6 Egg Race	1st 2nd 3rd	Matthias Wright Griffin Dzikowicz Kaylee Dolen
K + 1 Crab Walk Race	1st 2nd 3rd	Judith Culver Wendell Aarons Julia Jungels	7 + 8 3-Legged Race	1st 2nd	Sienna Culver & Lila Dzikowicz Sarah Beggs & Aleah Ritchie Bella Klotz & Kaden Klotz
K + 1 Balloon Race	1st 2nd 3rd	Judah Culver Julia Jungels Wendell Aarons		3rd	
2 + 3 Crab Walk Race	1st 2nd 3rd	Kenneth Kalin Scarlett Culver Weston Clark	7 + 8 Egg Race	1st 2nd 3rd	Bella Klotz Sarah Beggs LilaDzikowicz
2 + 3 Balloon Race	1st 2nd 3rd	Scarlett Culver Ashley Leifheit Sofia Brandonisio	7 + 8 Balloon Relay	1st 2nd	Sarah Beggs Aleah Ritchie Siennna Culver Summer Culver
2 + 3 3-Legged Race	1st 2nd	Hope Ahrens & Axel George Andrew Herrmann		3rd	Austin McMurtrie Tim Przybylski
4,5,6 3-Legged Race	3rd 1st 2nd	& Weston Clark Story Anne & Eilif Aurthor Monica Brandonisio & Kaylee Dolen Anna Herrmann & Addie Marquardt Lucas McMurtrie	7 + 8 Egg Toss	1st	Austin McMurtrie Tim Przybylski
1	3rd	& Claire Lambes			

Marijuana—What You Need to Know

In June 2019, Illinois Governor J.B. Pritzker signed a bill into law legalizing the recreational use of cannabis by adults, including retail sales beginning on Jan. 1, 2020. The law will allow Illinois residents age 21 and over to purchase up to one ounce of flower (dried herb) and up to 5 grams of cannabis concentrate (such as hashish or tincture). The law will allow adults to consume cannabis either in their homes or at certain approved establishments. Businesses and landlords will have the right to refuse its use on their properties.

So, marijuana will be legal, but is it safe? Here are some facts to consider:

- THC, one of the main chemicals in marijuana, is a mind-altering drug.
- Marijuana has more THC than it used to. This makes it stronger.
- In the first hour of using, your risk of a heart attack is higher—5 times the usual risk.
- Young people who use it regularly may risk changes to their developing brains that will last for life.
- Driving high more than doubles the risk of being in an accident.
- The effects of edible marijuana take longer to feel than when it is smoked because it must be digested first.
- It can be easy to overdose on edible marijuana. One bite of a cookie can have an entire dose, but people usually don't just eat one bite of a cookie!
- A marijuana overdose can cause hallucinations, confusion, impaired ability to walk or control movements and a fast heart rate. It can also cause extreme anxiety or panic.
- Children may confuse edible marijuana products with safe food. Don't put a child at risk! Call 911 immediately with a child ingests marijuana.
- Secondhand marijuana smoke can harm the health of people and pets who breathe it in, so be aware of how your behavior may impact others.

The information in this article came from Journeyworks Publishing brochures: Marijuana Facts, Secondhand Marijuana and Edible Marijuana 10 Things You Need to Know.





Join us for our Worship Service Every Sunday at 10:15am**

English Congregational
United Church of Christ
301 Rhodes St. - Big Rock
**Bible Study and Sunday School start at 9am.



Everyone is always welcome at the English Congregational United Church of Christ!

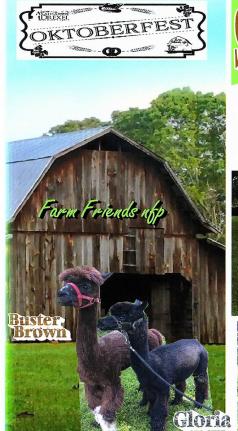
(Mark your calendars now for our Annual Cookie Walk on December 13th at 6am!)



Rev. Bill Riegle, Pastor
Office Hours— Monday thru Friday
9am to noon

Phone: 630.556.3986













Come & get a PHOTO with the ALPACA'S

Sat. Oct. 12th 2019 1:30 - 3:30 FISHING with Fr Dan



4:00 - 5:00 MASS - on the Lawn



5:15 - 9:30 PICNIC - MUSIC
KIDS GAMES - HAY RIDE
BONFIRE - POPCORN
BRING YOUR OWN FOOD
& BEVERAGE or PURCHASE
BRATS & BEVERAGE
BRING LAWN CHAIR - EASYUP

BLANKET - JACKET
McCannon Farm 45W134 Raymond Rd Big Rock



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